Introduction to the Five Elements for Animals

The equine acupoints

with Susan Tenney, CMT

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I greatly appreciate your understanding in these matters. For you and all the animals you touch, I wish you great health and vitality,
---Susan
safety position for the lower leg

the left hand is on point KI 3
safety position for the hind quarters

For safety while working in the hind end, hold your fist in the side of the upper thigh. Keep your fist totally relaxed - do not use force.
Foreleg Yin Source Points

PC 7

HT 7

LU 9

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HT 7 & PC 7: Fire Yin Source Points

PC 7

HT 7

carpal joint

accessory carpal bone
(os carpi accessorium)
HT 7 & PC 7 technique
LU 9: Metal yin source point
LU 9: Metal Yin Source Point

inside front leg

radius bone

LU 9

medial styloid process

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Hind Leg Yin Source Points

Liv 3

KI 3

SP 3
KI 3: Water Yin Source Point
KI 3: Water Yin Source Point

- Achilles tendon
- Hock joint
- Medial malleolus
- Point of hock

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Liv 3: Wood Yin Source Point
Liv 3: Wood Yin Source Point

hock

vena saphena

Liv 3

medial splint bone (2nd metatarsal bone)

canon bone (3rd metatarsal bone)
Liv 3: “triangle” point

medial splint bone

hock joint

saphenous vein

canon bone

Liv 3

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Liv 3: Detail view

- Hock joint
- Vena saphena
- Cannon bone (3rd metatarsal)
- Medial splint bone (2nd metatarsal)

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SP 3: Earth yin source point
SP 3: Earth yin source point

cannon bone (3rd metatarsal)

fetlock joint

medial proximal sesamoid bone

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Foreleg Ting Points

PC 9
TH 1
LU 11
LI 1
HT 9
SI 1

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Ting points of the horse’s foreleg and hind leg between the balls of the heels

Hind Leg
KI 1

Foreleg
PC 9